



**United we can.**

**Bring hope.**

**Change lives.**

**Build better futures.**

**Make a difference.**

Your gift goes **far.**

**Income Range**

\$37,106 - \$74,214      above \$74,214

	Total Tax Savings	Actual Cost	Total Tax Savings	Actual Cost
\$52	\$10.95	<b>\$41.05</b>	\$12.71	<b>\$39.29</b>
\$100	\$21.05	<b>\$78.95</b>	\$24.44	<b>\$75.56</b>
\$200	\$42.10	<b>\$157.90</b>	\$48.88	<b>\$151.12</b>
\$300	\$82.26	<b>\$215.74</b>	\$95.29	<b>\$204.71</b>
\$400	\$122.42	<b>\$277.58</b>	\$141.70	<b>\$258.30</b>
\$500	\$162.58	<b>\$337.42</b>	\$188.10	<b>\$311.90</b>
\$750	\$262.98	<b>\$487.02</b>	\$304.13	<b>\$445.87</b>
\$1,040	\$379.44	<b>\$660.56</b>	\$438.72	<b>\$601.28</b>
\$2,000	\$764.98	<b>\$1,235.02</b>	\$884.25	<b>\$1,115.75</b>
\$3,000	\$1,166.58	<b>\$1,833.42</b>	\$1,348.34	<b>\$1,651.66</b>
\$4,000	\$1,568.18	<b>\$2,431.82</b>	\$1,812.44	<b>\$2,187.56</b>
\$5,000	\$1,969.78	<b>\$3,030.22</b>	\$2,276.54	<b>\$2,723.46</b>
\$10,000	\$3,977.78	<b>\$6,022.22</b>	\$4,597.02	<b>\$5,402.98</b>
\$15,000	\$5,985.78	<b>\$9,014.22</b>	\$6,917.5	<b>\$8,082.50</b>
\$25,000	\$10,001.78	<b>\$14,998.22</b>	\$11,558.46	<b>\$13,441.54</b>
\$50,000	\$20,041.78	<b>\$29,958.22</b>	\$23,160.86	<b>\$26,839.14</b>
\$75,000	\$30,081.78	<b>\$44,918.22</b>	\$34,763.26	<b>\$40,236.74</b>
\$100,000	\$40,121.78	<b>\$59,878.22</b>	\$46,365.66	<b>\$53,634.34</b>

This information is based on 2010 tax information.

Your 2010 Guide to Giving

**United we can.**



**Investing in the potential of youth**

Since age 14, Paul Williams has been a member of the Boys and Girls Club, a United Way funded agency. The Club gave him a safe place to go after school and a chance to make friends and learn new skills. Now 19, he is part of his community's Youth Council, funded in part through a United Way neighbourhood development grant to the Boys and Girls Club. Paul's involvement in the Youth Council has enhanced his leadership skills, broadened his horizons, and made him a positive role model for local children and youth. Inspired by his experience, Paul is now pursuing an education in police work and looks forward to a future of helping children reach their potential.



To find out more about how your gift makes a difference every day, visit us online at [www.unitedwaypeel.org](http://www.unitedwaypeel.org) or follow us on Twitter and Facebook.



**United Way of Peel Region**

Phone: 905-602-3650 | Fax: 905-602-3651 | TTY: 905-602-3653  
info@unitedwaypeel.org | www.unitedwaypeel.org



**United Way of Peel Region**

**Giving Levels**

Patron — \$5,000-\$9,999	Trustee — \$50,000 or more
Builder — \$10,000-\$24,999	Benefactor — \$25,000-\$49,999
Friend — \$1-\$499	Sponsor — \$2,000-\$4,999
Partner — \$500-\$999	Leader — \$1,000-\$1,999

based on 26 pay periods annually

- **\$200 per pay** (\$5,200 per year) provides 30 low-income children with one full week of summer camp.
- **\$150 per pay** (\$3,900 per year) provides 20 full-day volunteer workshops to 800 newcomers to help them achieve social integration and utilize their skills.
- **\$100 per pay** (\$2,600 per year) provides 8 seniors with one year of a weekly drop-in support group to reduce isolation and loneliness in their lives.
- **\$80 per pay** (\$2,080 per year) provides 60 new parents with a 10-week parenting course so that they can ensure their children thrive.
- **\$50 per pay** (\$1,300 per year) provides one-on-one counselling to a young person who is struggling with mental health issues.
- **\$40 per pay** (\$1,040 per year) provides a woman who has been abused by her partner with a year of confidential 24-hour crisis counselling so that she and her children can be safe.
- **\$25 per pay** (\$650 per year) provides telephone support and one-on-one information and referral to assist 55 families that are new to Canada.
- **\$20 per pay** (\$520 per year) provides distribution of nutritional food to a family of four for one year.
- **\$15 per pay** (\$390 per year) provides 37 children under the age of 6 with the early learning support they need to succeed in kindergarten.
- **\$10 per pay** (\$260 per year) provides one child with a safe place to go after school for an entire year.
- **\$5 per pay** (\$130 per year) will provide 10 hours of computer training to a child who is struggling with his writing skills, helping him succeed in school.

Here are some examples of the difference your gift to the Community Fund makes in the lives of so many:



- Did you know?**
- 1 in 7 people in Peel live in poverty. 48% of new immigrant children under age 6 live in poverty.
  - Almost 25 per cent of Peel's population will experience one or more mental disorders in their lifetime.
  - As many as 1 in 10 seniors in Peel are victims of abuse.
  - Approximately 171,030 Peel residents (1 in 7) are living with a visible or non-visible disability.
  - Close to one-third of Peel children entering senior kindergarten are developmentally vulnerable and are not ready to learn.
  - Newcomers earn about 40 per cent less than their Canadian-born counterparts.
- Our Impact.**
- Last year with generous support from donors, United Way:
    - Helped **54,971** children and youth increase their social skills, self-esteem and leadership abilities, putting them on the path to future success.
    - Provided shelter, counselling and support to **23,604** women who have been abused and their children, helping them to begin new lives free from violence.
    - Assisted **12,637** adults, youth and children with disabilities to live independently, gain employment skills and stay engaged in the community.
    - Enabled **2,719** seniors to reduce their isolation through a variety of social supports, helping them to maintain their independence.
    - Connected **16,771** individuals with mental illness to counselling, support and skills training, helping them to increase their self-esteem, life skills and employment opportunities.
    - Supplied food and basic necessities to **24,239** individuals, including children, who are homeless and/or living in poverty.
    - Provided referrals to community resources, employment orientation and help in finding work for **58,076** newcomers and immigrants, enabling them to settle and integrate in their new country.

**United Way's Community Fund.** United Way is at work across our community every day. Your gift to United Way's Community Fund supports a network of 99 programs and services provided through 53 social service agencies in Mississauga, Brampton and Caledon. This vital network provides assistance to more than 420,000 people, including children and youth, seniors, people with mental illness, women who have been abused, newcomers, families, individuals with disabilities, and people living in poverty. The Community Fund also helps build strong agencies, fosters community partnerships, invests in initiatives that provide economic opportunities, and enables United Way to speak out to change community conditions.

**United we can change lives.** Many people in our community struggle with challenges they shouldn't have to face alone. Whether it's a family pushed deeper into poverty by the recent recession, a child who needs a safe and welcoming place to go after school, or a frail senior dealing another empty day, more people than ever will be turning to United Way agencies this year. That's because ours is one of the fastest growing communities in the country. This growth increases the demand on agencies already stretched to the limit. After government, United Way is the largest funder of social services in our community. Without this lifeline of support, many vital services and programs would be lost. We can't let that happen.

**Change for the good.** When we unite in a common cause of caring, we create change for the good. By giving to United Way, you support services that meet immediate needs and tackle the root causes of tough social problems like poverty and violence. Through our collective generosity, individuals become resilient and more able to cope with challenges. Families grow stronger. Neighbourhoods become safer and more vibrant. Lives are filled with hope and futures grow bright.

# United Way's Community Fund Supporting programs, services and initiatives that change lives and build better futures.

## United Way Funded Agencies

### African Community Services

Brampton location: Phone: 905-460-9514 | Fax: 905-460-9769  
Mississauga location: Phone: 905-828-8787 | Fax: 905-828-8781  
Email: info@africancommunityservices.com  
Website: www.africancommunityservices.com  
Provides settlement, integration, and community development programs to the Peel community.

### Associated Youth Services of Peel

Phone: 905-890-5222 | Fax: 905-890-5230  
Email: general@aysp.ca | Website: www.aysp.ca  
Supports young people and their caregivers at home, in school, and in the community, in recognizing their strengths and using them as agents for positive development.

### Big Brothers Big Sisters of Peel

Phone: 905-457-7288 | Fax: 905-454-0769  
Email: info@bbbspeel.com | Website: www.bbbspeel.com  
Provides a variety of quality mentoring programs for children and youth ages 6 - 17 to promote their healthy development.

### Boys and Girls Club of Peel

Phone: 905-712-1789 | Fax: (905)712 -1775 | Email: bgcpeel@on.aibn.com  
Creates a safe, supportive environment where children and youth experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

### Brampton Caledon Community Living

Brampton location: Phone: 905-453-8841 | Fax: 905-453-8853  
Caledon location: Phone: 905-857-9691 | Fax: 905-857- 6392  
Email: info@bramptoncaledoncl.ca | Website: www.bramptoncaledoncl.ca  
Provides supportive services to people of all ages with an intellectual disability.

### Brampton Multicultural Community Centre

Phone: 905-790-8482 | Fax: 905-790-8488  
Email: services@bmccentre.org | Website: www.bmccentre.org  
Provides social support programs, information and referral, interpretation, counselling, life skills workshops, job support and placement and computer skills training to the ethno-racial, multicultural, and multilingual communities.

### Brampton Neighbourhood Resource Centre

Phone: 905-452-1262 | Fax: 905-452-1365  
Email: info@bnrc.org | Website: www.bnrc.org  
Working towards promoting the quality of community life in Brampton through strong, proactive locally-based community support, leadership and programs.

### Caledon Community Services

Phone: (905)951-2300 or 905-584-9460 | Fax: 905-951-2303  
Email: info@ccs4u.org | Website: www.ccs4u.org  
Provides individual/family services and resources that help people pursue their growth, health and independence while seeking solutions to those barriers that interfere with their well-being.

### Caledon Meals on Wheels

Phone: 905-857-7651 | Fax: 905-951-3706  
Email: info@caledonmealsonwheels.org | Website: www.cmow.org  
Provides meals on wheels to seniors and people with disabilities throughout Caledon, congregate dining, volunteer visiting, in-home exercise program.

### Caledon Parent-Child Centre

Phone: 905-857-0090 | Fax: 905-857-0107  
Email: earlyyears@cp-cc.org | Website: www.cp-cc.org  
Provides "Family Time" drop-in sessions, child development and parenting programs, parent/caregiver educational workshops, on-site consulting services, support/referral services and parenting resources.

### Caledon\Dufferin Victim Services

Phone: 905-951-3838 or 1-888-743-6496 | Fax: 905-951-2772  
Email: victimservices@sympatico.ca | Website: www.cdvs.ca  
Provides emotional and financial support, practical assistance, and an information and referral program 24 hours a day, 7 days a week to persons affected by crime, tragedy and disaster.

### Canadian Hearing Society

Phone: 905-608-0271 | Fax: 905-608-8241 | TTY: 905-608-1691  
Email: info@chs.ca | Website: www.chs.ca  
Provides hearing testing, hearing aids, interpreting, counselling, English language classes, sign language classes, support and information services to deaf, deafened and hard of hearing people.

### Canadian Mental Health Association - Peel Branch

Phone: 905-451-2123 | Fax: 905-456-7492  
Email: info@cmhapeel.ca | Website: www.cmhapeel.ca  
Offers programs that enhance the well-being of all people in our community by promoting and supporting good mental health.

### Carefirst Seniors & Community Services

Administration Office: Phone: 416-502-2323 | Fax: 416-502-2382  
Mississauga Office: Phone: 905-361-2479 | Fax: 905-361-1082  
Email: mso@carefirstseniors.com | Website: www.carefirstseniors.com  
Provides community, wellness and health education programs and community outreach and linkage programs to Chinese seniors in Mississauga.

### Catholic Cross-Cultural Services

Mississauga Office: Phone (905) 273-4140 | Fax (905) 273-4176  
Brampton Office: Phone (905) 457-7740 | Fax: (905) 457-7769  
Email: info@ccspeel.org | Website: www.ccspeel.org  
Provides settlement services to immigrants and refugees including information and referral, English language classes, employment workshops, and family violence support services.

### Catholic Family Services of Peel-Dufferin

Phone: 905-450-1608 | Fax: 905-450-8902  
Email: info@cfspd.com | Website: www.cfspd.com  
Provides individual, couple and family counselling. Counselling available for woman and children exposed to abuse and adult survivors of childhood abuse.

### CNIB - Halton-Peel

Phone: 905-275-5332 | Fax: 905-275-7710 |  
Email: info@cnib.ca | Website: www.cnib.ca  
Provides vision rehabilitation services, consumer products, library services, public education, counseling and services for individuals who are deafblind and supports ground-breaking research.

### Community Living Mississauga

Phone: 905-542-2694 | Fax: 905-542-0987  
Email: info@clmiss.ca | Website: www.clmiss.ca  
Supports individuals who have an intellectual disability by providing information, service coordination, community support, residential options, employment resources, summer programs and social opportunities.

### Distress Centre Peel

Phone: 905-278-7055 | Crisis: 905-278-7208 | TTY: 905-278-4890  
Peel Elder Abuse Support: 905-278-3141  
Email: mail@distresscentrepeel.com | Website: www.distresscentrepeel.com  
Provides anonymous, confidential emotional support, crisis intervention and referral by telephone for Peel residents and support line and services for seniors experiencing abuse.

### Dixie Bloor Neighbourhood Centre

Phone: 905-629-1873 | Fax: 905-629-0791  
Email: info@dixiebloor.ca | Website: www.dixiebloor.ca  
Services include: information and referral, pre-school programs, volunteer opportunities, help for newcomers to Canada, seniors, employment supports and employment resource centres, English classes with childminding, and youth programs.

### Elizabeth Fry Society of Peel-Halton

Phone: 905-459-1315 | Fax 905-459-1322 | Email: efrypeel@peelhalton.ca  
Mandate is to eliminate conflict between women and the criminal justice system. Counselling and support services encompass the court, institutional, community programming and residential realms.

### Erin Mills Youth Centre

Phone: 905-820-9466 | Fax: 905-820-7087  
Email: youth@emuc.ca | Website: www.emuc.ca  
Provides coordinated neighbourhood programming for youth, aged 12 to 18 and their families, in Erin Mills.

### Family Association for Mental Health Everywhere (FAME)

Brampton location: Phone: 905-488-7716  
Mississauga location: Phone: 905-276-8316 | Fax: 905-276-9646  
Email: fame@fameforfamilies.com | Website: www.fameforfamilies.com  
Offers the families of Peel support where any mental illness is an issue by providing education, resources and coping strategies.

### Family Education Centre

Phone: 905-452-0332 | Fax: 905-452-0717  
Email: info@familyeducation.org | Website: www.familyeducation.org  
Enriching the quality of life for families through community-based, parent-to-parent education, support and training. Services include parenting workshops and courses and educational resources.

### Family Services of Peel

Phone: 905-270-2250 | Access: 905-453-5775 | Fax: 905-270-2869  
Email: fsp@fspeel.org | Website: www.fspeel.org  
Provides counselling, educational groups, parenting programs, community support, family violence and woman abuse program, school-based support, and neighbourhood services.

### Heart House Hospice Inc.

Phone: 905-712-8119 | Fax: 905-712-4029  
Email: info@hearthousehospice.com | Website: www.hearthousehospice.com  
Provides physical, emotional and spiritual support to people living with a life-threatening or terminal illness and their families. In-home support and on-site day programs are available.

### India Rainbow Community Services of Peel

Phone: (905) 275-2369 | Fax: (905) 275-6799  
Email: ircs@indiarainbow.org | Website: www.indiarainbow.org  
Provides services for integration into Canadian society and helps meet the social service, training and health needs of the Peel immigrant community.

### Interim Place

Phone: 905-403-9691 | Fax: 905-403-9808  
Email: mail@interimplace.com | Website: www.interimplace.com  
Provides emergency shelter and community support and outreach programs for women and their children who face violence.

### John Howard Society of Peel-Halton-Dufferin

Phone: 905-459-0111 | Fax: 905-459-4045  
Email: headoffice@johnhowardphd.ca | Website: www.johnhowardphd.ca  
Programs include institutional services, supervision services, youth and adult anger and emotions management, substance abuse counselling, employment services, individual counselling and case management.

### Labour Community Services of Peel

Phone: 905-696-7444 | Fax: 905-696- 7999 | Email: cdavis@bmdlc.ca  
Provides referral, information, representation and training to workers on employment related issues. Provides liaison services for United Way/Labour partnership.

### Learning Disabilities Association of Mississauga

Phone: 905-272-4100 | Fax: 905-272-4863  
Email: mississauga@ldapeel.com | Website: www.ldapeel.com  
Assists individuals with a learning disability and their families through support, information and workshops.

### Learning Disabilities Association, North Peel

Phone: 905-791-4100 | Fax: 905-791-5189  
Email: ldanp@bellnet.ca | Website: www.ldapeel.com  
Assists individuals with a learning disability and their families by providing support and information to them and their support networks, including medical professionals, educators and employers.

### Malton Neighbourhood Services

Phone: 905-677-6270 | Fax: 905-677-6281  
Email: mnsbooth@maltoninfo.org | Website: www.mnsinfo.org  
Provides services to immigrants, newcomers, families and job seekers. Services include: language classes, child, youth and seniors' programs and reception and information service at Pearson International Airport.

### Nexus Youth Services

Phone: 905-795-3518 | Fax: 905-696-0350  
Email: dbakos@peelcc.org | Website: www.peelcc.org/nexus-services  
Offers free and confidential counselling services and skill development opportunities to youth ages 12-24, residing in Peel Region.

### Ontario March of Dimes

Phone: 905-607-3463 | Fax: 905-607-9856  
Email: kherrlitz@dimes.on.ca | Website: www.marchofdimes.ca  
Assists people with physical disabilities achieve a meaningful and dignified life through greater personal independence. Services include employment services, assistive devices and attendant care services.

### Our Place (Peel)

Phone: 905-238-1383 | Fax: 905-238-6916  
Email: info@ourplacepeel.org | Website: www.ourplacepeel.org  
Provides emergency shelter, support and advocacy to homeless and disadvantaged youth between the ages of 16-21 in Peel.

### Peace Ranch

Phone: 905-584-9156 | Fax: (905)584-0928  
Email: leslie@peaceranch.com | Website: www.peaceranch.com  
Provides a community atmosphere on a farm for adults who have a serious mental illness.

### Peel HIV/AIDS Network

Phone: 905-361-0523 | Fax: 905-361-1004  
Email: ed@phan.ca | Website: www.phan.ca  
Provides support and education on HIV and AIDS through counselling, information and support groups. A community resource centre is also available.

### Peel Multicultural Council

Phone: 905-819-1144 | Fax: 905-542-3950  
Email: pmcgeneral@peelmcc.com | Website: www.peelmcc.com  
Provides settlement, integration, language training and employment services for newcomers. It also provides public education programs on race relations, equity, cultural diversity and appreciation.

### Peel Senior Link

Phone: 905-712-4413 | Fax: 905-712-3373  
Email: info@peelseniorlink.com | Website: www.peelseniorlink.com  
Enables seniors to remain independent with dignity in designated apartments as long as possible. Provides personal support and homemaking 24 hours/7 days/week and day service.

### Rapport Youth & Family Services

Phone: 905-455-4100 | Fax: 905-455- 9727  
Email: info@rapport youth.com | Website: www.rapport youth.com  
Provides individual, family, and group counselling to young people aged 12-20. Also, has a youth drop-in centre.



COMMUNITY CONNECTION

Thanks to the advocacy efforts of United Way, 211 service is now available in Peel region. By calling 211, residents can obtain information and referrals to social, health and government services in our community. The service, provided through the Region of Peel, is free and available 24 hours a day, 7 days a week. Caledon residents who do not have direct 211 access can call 1-866-573-0088. The service is also available online at [www.211ontario.ca](http://www.211ontario.ca).

### Sexual Assault/Rape Crisis Centre of Peel

Phone: 905-273-3337 | Crisis 905-273-9442 | Fax: 905-273-3336  
Email: executivedirector@sarccp.org | Website: www.sarccp.org  
Women-centered crisis agency that provides a 24-hour crisis and support telephone line, individual and group counselling and public education.

### Skills for Employment, Life and Family (SELF)

Mississauga location: Phone: 905-273-5196 | Fax: 905-273-3078  
Email: mississauga@skillsforself.org  
Brampton location: Phone: 905-793-5400 | Fax: 905-793-5425  
Email: brampton@skillsforself.org | Website: www.skillsforself.org  
Provides free one-on-one and small group basic reading, writing and math tutoring to English-speaking adults.

### Social Planning Council of Peel

Phone: 905-629-3044 | Fax: 905-629-7773  
Email: info@spcpeel.com | Website: www.spcpeel.com  
Promotes social justice and citizen participation in Peel through research, training and community development on social issues at the local level.

### St. Leonard's Place, Peel

Phone: 905-457-3611 ext 300 | Fax: 905-457-2314  
Email: info@slpp.ca | Website: www.stleonardshouse.com  
St. Leonard's Place Peel is a community of love and hope that provides long term residential care to homeless men with serious mental illness and those who have been in conflict with the law.

### Telecare Distress Centre

Phone: 905-459-8439 | Crisis Line: 905-459-7777 | Fax: 905-459-3955  
Email: info@telecaredistresscentre.org  
Website: www.telecaredistresscentre.org  
Multicultural organization providing caring and confidential support services in several languages for the diverse population of the region.

### The Cross-Cultural Community Services Association

Phone: 905-615-9500 | Fax: 905-615-0622  
Email: info@tccsa.org | Website: www.tccsa.on.ca  
Assists newcomers in adapting to Canadian life in their neighbourhood and provides support to Canadians in building a stronger community.

### The Mississauga Food Bank

Phone: 905-270-5589 | Fax: 905-270-4076  
Email: info@themississaugafoodbank.org  
Website: www.themississaugafoodbank.org  
A food bank and food distribution program that distributes food directly to clients as well to other food banks, agencies and breakfast programs in Peel.

### Victim Services of Peel

Phone: 905-568-8800 | Crisis: 905-568-1068 | Fax: 905-564-2844  
Email: info@vspeel.org | Website: www.vspeel.org  
Provides immediate crisis intervention, short-term counselling, information, resources and referrals, 24 hours a day, 7 days a week to individuals, families, groups and businesses victimized by crimes or tragic circumstances.

### Vita Centre

Phone: 905-858-0329 | Fax: 905-858-4199  
Email: info@vitamanor.org | Website: www.vitamanor.org  
Assists pregnant women through information and referrals, supportive counselling, providing baby items and Life skills program.

### Volunteer MBC (Mississauga, Brampton, Caledon)

Phone: 905-238-2622 | Fax: 905-238-2612  
Email: info@volunteermbc.org | Website: www.volunteermbc.org  
Volunteer centre offering a referral service for volunteers of all ages and assisting agencies who are seeking volunteers. Promotes civic engagement and volunteerism in Peel.

### YMCA Peel Region

Brampton location: Phone: 905-451-1400 | Fax: 905-454-8944  
Mississauga location: Phone: 905-897-6922 | Fax: 905-279-3117  
Website: www.ymcaoronto.org  
Provides childcare, summer day camp programs, community programs, youth employment services, youth substance abuse counselling and a broad range of health, recreation and wellness opportunities.

### YWCA Toronto - December 6 Fund

Phone: (416) 961-8100 | Fax: (416) 961-7739  
Email: info@ywcatoronto.org | Website: www.ywcatoronto.org  
Provides women and girls with shelter, employment skills, counselling, permanent housing, outdoor education and leadership training.



United Way  
of Peel Region

Your donation to the Community Fund creates last change for our community. It not only supports the listed agencies, but many other initiatives, including:

- Success By 6 Peel
- The Peel Newcomer Strategy Group
- Social Purpose Enterprise Grants
- Neighbourhood Development Grants
- The Mentoring Partnership
- Fair Share for Peel
- Strengthening Organizational Effectiveness Fund
- Youth in Action Grants

Visit [www.unitedwaypeel.org](http://www.unitedwaypeel.org) to find out more.