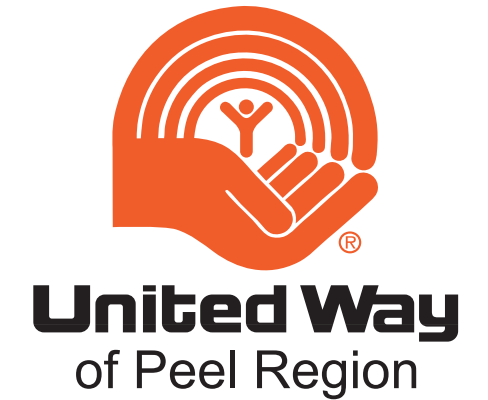


United we can.

Your support makes a difference!



When he was employed as a chef, Tong Mai worked many long hours. But after retiring 10 years ago, he found himself sitting in front of the television all day. His wife, Irene, kept busy doing housework.

Tong grew restless and Irene longed for more, so they contacted Carefirst Seniors and Community Services Association, a United Way funded agency that provides programs and services to support, educate and enhance the lives of seniors in our community. Since connecting with Carefirst, the couple, who have been married more than 50 years, are having the time of their lives. Tong, 82, and Irene, 75, participate in Tai Chi, English classes, Karaoke, and computer training. They have expanded their social network and enjoy social outings and events, while living an independent, healthy and active lifestyle.

Visit www.unitedwaypeel.org to find out more about how your donation to the Community Fund makes a difference.